## 14.13 Lecture 16

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## 1 Is exponential discounting (and hence dynamic consistency) a good assumption?

The property of *dynamic consistency* is appealing.

- Early selves and late selves agree!
  - self<sub>t=0</sub> decides  $C_0$  and plans for  $C_1$ ,  $C_2$ ...
  - self<sub>t=1</sub> decides  $C_1$  and plans for  $C_2$ ,  $C_3$ ...
- Can simply maximize at beginning of problem without worrying about later selves overturning the decisions of early selves. But, sometimes there does appear to be a conflict between early selves and late selves:

- I'll quit smoking next week...
- I'll start the problem set early, so I won't need to work all night...
- I'll go to sleep now, but get up early so I can finish the problem set...
- I'll exercise this weekend...
- I'll eat better food...
- I'll call my grandparents next week...
- I'll start studying for my finals at the beginning of reading period....
- I'll stop procrastinating on my term paper...

Early selves say "be good" (get up at 7 to finish problem set)

Late selves want "instant gratification" (keep hitting snooze button)

When discount functions are not exponential, the intertemporal choice model generates a conflict between early selves and late selves: dynamic inconsistency.

Dynamically inconsistent model predicts "self-control problems" like procrastination, laziness, addiction, etc... Motivation for dynamically inconsistent preferences: Measured discount functions don't appear to be exponential.

Instead, short-run discount rates are measured to be higher than long-run discount rates.

Early selves want later selves to be patient. Later selves don't want to be patient.



## 2 Discounting evidence

Thaler (1981)

• What amount makes you indifferent between \$15 today and \$X in 1 month? (X = 20)

If your preferences were exponential, the initial utility is

$$V_0 = \sum_t \delta^t u(c_t)$$

where t is expressed in years. Call V' the utility from accepting \$15 today and V'' the utility form accepting \$X in 1 month

$$V' - V_0 = u(c_0 + 15) - u(c_0)$$
  
$$V'' - V_0 = \delta^t (u(c_t + X) - u(c_t))$$

You are indifferent iff

$$V' - V_0 = V'' - V_0$$
$$\iff u(c_0 + 15) - u(c_0) = \delta^t \left( u(c_t + X) - u(c_t) \right)$$
$$\iff 15u'(c_0) = \delta^t X \ u'(c_t)$$

by Taylor expansion as 15  $\ll$   $c_0$  and  $X \ll c_t$ . Assume now that  $c_0 \simeq c_t$ 

$$\iff \mathbf{15} = \delta^t X$$
$$\iff -\ln \delta = \frac{1}{t} \ln \frac{X}{15}$$

- What is a "reasonable"  $\delta$ ?
  - Economists will say that at a yearly horizon,  $\delta \simeq$  0.95.
  - Why? People solve

$$\max_{c_0+\frac{c_1}{1+r}=W} u(c_0) + \delta u(c_1)$$

$$L = u(c_0) + \delta u(c_1) - \lambda \left( c_0 + \frac{c_1}{1+r} \right)$$

$$\begin{cases} \frac{\partial L}{\partial c_0} = 0\\ \frac{\partial L}{\partial c_1} = 0\\ \Leftrightarrow \begin{cases} u'(c_0) - \lambda = 0\\ \delta u'(c_1) - \frac{\lambda}{1+r} = 0\\ \Rightarrow u'(c_0) = \delta(1+r)u'(c_1) \end{cases}$$
  
which is the Euler's equation

One can observe that at the macroeconomic level  $c_0\simeq c_1$  which implies

$$\delta(1+r) = 1 \Rightarrow \delta = \frac{1}{1+r} \simeq 1-r = 0.95$$

where the equilibrium level of the interest rate is r = 5% per year.

• At the **microeconomic** level

$$-\ln \delta = \frac{1}{t} \ln X/15$$
$$= \frac{1}{1/12} \ln 20/15$$
$$= 345\% \text{ per year}$$

• Why?

- different attitudes towards small amounts and large amounts

- borrowing constraints

• What makes you indifferent between \$15 today and \$X in ten years? (X = 100)

$$-\ln \delta = \frac{1}{\tau} \ln X/15$$
$$= \frac{1}{10} \ln X/15$$
$$= 19\% \text{ per year}$$

Benzion, Rapoport and Yagil (1989)

• What amount makes you indifferent between \$40 today and \$X in half a year? (X = 50)

$$40 = X\delta^{\tau}$$

SO

$$-\ln \delta = \frac{1}{\tau} \ln X/40$$
$$= \frac{1}{.5} \ln X/40$$
$$= 45\% \text{ per year}$$

• What makes you indifferent between \$40 today and \$X in four years? (X = 90)

$$-\ln \delta = rac{1}{ au} \ln X/40$$
  
 $= rac{1}{4} \ln X/40$   
 $= 20\%$  per year

- In most experiments, shifting out both rewards by the same amount of time lowers the implied discount rate (e.g., Kirby and Herrnstein, *Psychological Science*, 1996).
- For example, \$45 right now is preferred to \$52 in 27 days.

$$-\ln \delta > rac{1}{27/365} \ln 52/45 = 195\%$$
 per year

- But, \$45 in six days is inferior to \$52 in 33 days (now  $-\ln \delta < 195\%$  per year).
- With exponential discounting, no preference reversal i.e. if X now > Y in  $\Delta t$ , then X at t > Y at  $t + \Delta t$ . Indeed

- X now > Y in 
$$\Delta t \Leftrightarrow X \ge \delta^{\Delta t} Y$$

- X at t > Y at  $t + \Delta t \Leftrightarrow \delta^t X \ge \delta^{t + \Delta t} Y$
- here X =\$45, Y =\$52,  $\Delta t =$ 27days and t =6days.

Vast body of experimental evidence, demonstrates that discount rates are higher in the short-run than in the long-run.

Consider a final thought experiment:

- Choose a ten minute break today or a fifteen minute break tomorrow.
- Choose a ten minute break in 100 days or a fifteen minute break in 101 days.

- If  $V = \sum \Delta(t)u(c_t)$ , what is  $\Delta(t)$ 
  - big reward:  $U_B$
  - small reward:  $U_S$

$$-t_{1} = 1 \text{ day, } t = 100 \text{ days}$$

$$U_{S} \Delta(0) > U_{B} \Delta(t_{1})$$

$$U_{S} \Delta(t) < U_{B} \Delta(t+t_{1}) \} \Rightarrow \frac{\Delta(t_{1})}{\Delta(0)} < \frac{U_{S}}{U_{B}} < \frac{\Delta(t+t_{1})}{\Delta(t)}$$
minus 1 and divide by  $t_{1}$  both sides  $\Rightarrow \frac{\Delta(t_{1}) - \Delta(0)}{t_{1}} < \frac{\Delta(t+t_{1}) - \Delta(t)}{t_{1}}$ 

$$when t_{1} \longrightarrow 0, \ \frac{\Delta'(0)}{\Delta(0)} < \frac{\Delta'(t)}{\Delta(t)} \qquad (1)$$

Rewrite the discounting function as

$$\Delta(t) = e^{-\int_0^t \rho(s) ds}$$

where  $\rho$  is the discount rate or the rate of time discounting (it measures the impatience), the higher  $\rho$  the more impatient. Note that with exponential preferences  $\rho(s) = -\ln \delta$  as  $\Delta(t) = e^{t \ln \delta}$ .

Generalize (1) for  $t > \tau > 0$ 

$$\begin{aligned} \frac{\Delta'(0)}{\Delta(0)} < \frac{\Delta'(\tau)}{\Delta(\tau)} < \frac{\Delta'(t)}{\Delta(t)} \\ \end{aligned}$$
and note that  $\frac{\Delta'(t)}{\Delta(t)} = -\rho(t)$ 

$$\Rightarrow \rho(0) > \rho(\tau) > \rho(t)$$
i.e.  $\rho$  is decreasing